



TRAINING SESSIONS

VASCA 50 METRI / 50M COMPETITION POOL

MARTEDI' 12 MARZO / TUESDAY 12 MARCH

NPC (N° OF SWIMMERS)

	7.30-8.00	8.00-8.30	8.30-9.00	9.00-9.30	9.30-10.00	10.00-10.30	10.30-11.00	11.00-11.30	11.30-12.00	12.00-12.30	12.30-13.00	13.00-13.30	13.30-14.00	14.00-14.30	14.30-15.00	15.00-15.30	15.30-16.00	16.00-16.30	16.30-17.00	17.00-17.30	17.30-18.00	18.00-18.30	18.30-19.00	19.00-19.30	19.30-20.00
LANE 1	WPS CLASSIFICATION																								
LANE 2	HKG8	HKG8	HKG8	ISR7	ISR7	ISR7	EGY1-FIN2	EGY1-FIN2	EGY1-FIN2	FREE	FREE	FREE	FREE	FREE	FREE	FREE	HKG8-UGA2	HKG8-UGA2	HKG8-UGA2	CRO4-FRA7	CRO4-FRA7	CRO4-FRA7	POR2 - BEL1-NPA5	POR2 - BEL1-NPA5	POR2 - BEL1-NPA5
LANE 3	ITA12	ITA12	ITA12	GRE6-CYP1	GRE6-CYP1	GRE6-CYP1	MLT2-FRA6	MLT2-FRA6	MLT2-FRA6	FREE	FREE	FREE	FREE	FREE	FREE	FREE	NPA27	NPA27	NPA27	GRE6	GRE6	GRE6	EGY1 - SVK3	EGY1 - SVK3	EGY1 - SVK3
LANE 4	ESP5-FRA1	ESP5-FRA1	ESP5-FRA1	USA21	USA21	USA21	AZE5	AZE5	AZE5	FREE	FREE	FREE	FREE	FREE	FREE	FREE	NPA27	NPA27	NPA27	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12
LANE 5	GER4-GBR4	GER4-GBR4	GER4-GBR4	USA21	USA21	USA21	LTU3	LTU3	LTU3	FREE	FREE	FREE	FREE	FREE	FREE	FREE	NPA27	NPA27	NPA27	USA21	USA21	USA21	ITA12	ITA12	ITA12
LANE 6	CHI1-POL7	CHI1-POL7	CHI1-POL7	ITA12	ITA12	ITA12	ITA12	THA11	THA11	THA11	FREE	FREE	FREE	FREE	FREE	FREE	GBR4	GBR4	GBR4	USA21	USA21	USA21	LTU3 - LAT1-CYP1	LTU3 - LAT1-CYP1	LTU3 - LAT1-CYP1
LANE 7	KAZ8	KAZ8	KAZ8	fantin	fantin	fantin	fantin	THA11	THA11	THA11	FREE	FREE	FREE	FREE	FREE	FREE	KAZ8	KAZ8	KAZ8	UKR10	UKR10	UKR10	NED7	NED7	NED7
LANE 8	WPS CLASSIFICATION																								

Atleti italiani non iscritti alla World Series possono usare gli spazi "Free"

VASCA 25 METRI / 25M TRAINING POOL

MARTEDI' 12 MARZO / TUESDAY 12 MARCH

	7.30-8.00	8.00-8.30	8.30-9.00	9.00-9.30	9.30-10.00	10.00-10.30	10.30-11.00	11.00-11.30	11.30-12.00	12.00-12.30	12.30-13.00	13.00-13.30	13.30-14.00	14.00-14.30	14.30-15.00	15.00-15.30	15.30-16.00	16.00-16.30	16.30-17.00	17.00-17.30	17.30-18.00	18.00-18.30	18.30-19.00	19.00-19.30	19.30-20.00	
LANE 1	CRO4	CRO4	CRO4	NPA27	NPA27	NPA27	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	ISR7	ISR7	ISR7	MDA2	MDA2	MDA2	
LANE 2	ISR7	ISR7	ISR7	NPA27	NPA27	NPA27	FREE	FREE	FREE	FREE	reserved Mara Navarria					AZE5	AZE5	AZE5	FREE	MLT2	MLT2	MLT2	POL8	POL8	POL8	
LANE 3	ISR7	ISR7	ISR7	NPA27	NPA27	NPA27	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	AZE5	AZE5	AZE5	FREE	ESP4	ESP4	ESP4	FREE	FREE	FREE
LANE 4	UKR10	UKR10	UKR10	NPA27	NPA27	NPA27	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	GER4	GER4	GER4	FREE	FREE	FREE
LANE 5	UKR10	UKR10	UKR10	UGA2	UGA2	UGA2	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	
LANE 6	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	

sport information desk - LOC (in pool, ground floor, access from the windows in the garden)

TIME 9-12 and 16-19

GYM - FOR FREE

to book the gym (floor -1 in the pool) contact the pool counter between 9-12 am and 16.30-19.30



TRAINING SESSIONS

VASCA 50 METRI / 50M COMPETITION POOL

MERCOLEDI' 13 MARZO / WEDNESDAY 13 MARCH

NPC (N° OF SWIMMERS)

	7.30-8.00	8.00-8.30	8.30-9.00	9.00-9.30	9.30-10.00	10.00-10.30	10.30-11.00	11.00-11.30	11.30-12.00	12.00-12.30	12.30-13.00	13.00-13.30	13.30-14.00	14.00-14.30	14.30-15.00	15.00-15.30	15.30-16.00	16.00-16.30	16.30-17.00	17.00-17.30	17.30-18.00	18.00-18.30	18.30-19.00	19.00-19.30	19.30-20.00	
LANE 1	WPS CLASSIFICATION																									
LANE 2	HKGB - POR2	HKGB - POR2	HKGB - POR2	MLT2	MLT2	MLT2	ITA12	ITA12	ITA12	ESP5	ESP5	ESP5	fantin	fantin	FREE	CRO6-FRA7	CRO6-FRA7	CRO6-FRA7	SVK4 - SRB2	SVK4 - SRB2	SVK4 - SRB2	JPN1-MDA2-FIN2	JPN1-MDA2-FIN2	JPN1-MDA2-FIN2		
LANE 3	NED7	NED7	NED7	GRE6	GRE6	GRE6	ITA12	ITA12	ITA12	ISR7	ISR7	ISR7	FREE	FREE	FREE	POL15	POL15	POL15	THA11	THA11	THA11	CZE9	CZE9	CZE9		
LANE 4	GER4-GBR4	GER4-GBR4	GER4-GBR4	KAZ8	KAZ8	KAZ8	BEL1-FIN2	BEL1-FIN2	BEL1-FIN2	NOR6	NOR6	NOR6	FREE	FREE	FREE	KAZ8	KAZ8	KAZ8	USA21	USA21	USA21	NPA15	NPA15	NPA15		
LANE 5	CRO6	CRO6	CRO6	USA21	USA21	USA21	NPA27	NPA27	NPA27	FREE	FREE	FREE	FREE	FREE	FREE	GER15	GER15	GER15	USA21	USA21	USA21	ITA12	ITA12	ITA12		
LANE 6	CHI1-UGA2	CHI1-UGA2	CHI1-UGA2	USA21	USA21	USA21	NPA27	NPA27	NPA27	FREE	FREE	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	
LANE 7	SVK4	SVK4	SVK4	EGY1-NOR6	EGY1-NOR6	EGY1-NOR6	NPA27	NPA27	NPA27	AZE5	AZE5	AZE5	FREE	LAT1	LAT1	EGY1-LAT1-UGA2	EGY1-UGA2	EGY1-UGA2	UKR10	UKR10	UKR10	LTU5	LTU5	LTU5		
LANE 8	WPS CLASSIFICATION																									

ITA * (30) = only world series swimmer / solo atleti iscritti alla World Series
 Atleti italiani non iscritti alla World Series possono usare gli spazi "Free"

VASCA 25 METRI / 25M TRAINING POOL

MERCOLEDI' 13 MARZO / WEDNESDAY 13 MARCH

	7.30-8.00	8.00-8.30	8.30-9.00	9.00-9.30	9.30-10.00	10.00-10.30	10.30-11.00	11.00-11.30	11.30-12.00	12.00-12.30	12.30-13.00	13.00-13.30	13.30-14.00	14.00-14.30	14.30-15.00	15.00-15.30	15.30-16.00	16.00-16.30	16.30-17.00	17.00-17.30	17.30-18.00	18.00-18.30	18.30-19.00	19.00-19.30	19.30-20.00	
LANE 1	LTU5	LTU5	LTU5	USA21	USA21	USA21	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	GBR4	GBR4	GBR4	FREE	FREE	ITA CLASSIFICATION				
LANE 2	UKR10	UKR10	UKR10	THA11	THA11	THA11	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	HKGB - POR2	HKGB - POR2	HKGB - POR2	CYP1	CYP1	CYP1	FREE	FREE	FREE	
LANE 3	UKR10	UKR10	UKR10	THA11	THA11	THA11	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	NPA27	NPA27	NPA27	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	
LANE 4	LAT1-FRA7	LAT1-FRA7	LAT1-FRA7	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	NPA27	NPA27	NPA27	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	
LANE 5	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	NPA27	NPA27	NPA27	FREE	FREE	FREE	GRE6-MLT2	GRE6-MLT2	GRE6-MLT2	
LANE 6	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	AZE5	AZE5	AZE5	ISR7	ISR7	ISR7	ESP4	ESP4	ESP4	

sport information desk - LOC (in pool, ground floor, access from the windows in the garden)

TIME 9-12 and 16-19

GYM - FOR FREE

to book the gym (floor -1 in the pool) contact the pool counter between 9-12 am and 16.30-19.30